

Edition 2017-18

Degree:	Biotechnology
Course:	Pharmacology and Toxicology
Department:	Physiology, Anatomy and Cell Biology
Year:	2017-18
Semester:	2 <sup>nd</sup> semester (spring semester)
ECTS credits:	6
Course:	3 <sup>rd</sup>
Type:	Optional
Language:	English

Model:	A2	
a. Basic Teaching (l	BT):	70%
b. Practical teaching (PT):		15%
c. Seminars (SM):		15%



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2.2. Teachers	
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#### **3.1. Goals**

- To understand the basic mechanisms involved in drug toxicity
- To predict drug clearance rates
- To trace drug biotransformation and its secondary metabolites
- To design effective drug dose-dependent curves
- To select most effective drug administration modes

### 3.2. Contribution to training plan

The possibility of establishing new therapies and treatments for diseases depends largely on the possibility of obtaining effective, specific, abundant, low-cost drugs.

For a drug to be marketed, it is necessary to conduct multiple experimental studies showing drug effectiveness and possible side-effects or even toxicity.

This course is an introduction to the basic knowledge of pharmacology and toxicology oriented to biomedical and biotechnological fields. Particular attention will be paid to kinetics and dynamics of both drugs and toxics. Concepts of clearance, timing and dosage will be stressed. Detoxification and drug biotransformation, as well as excretion, will be showed as real models for drug discovery.

In this way, students will gain knowledge of metrics, pharmacokinetics and pharmacodynamics, and also basic skills required in the study of these areas. Students will be able to determine the magnitude of drug effects through development of dose-response curves.

Finally, drug-drug interactions will be studied, updating classical detoxification metabolic pathways, rate-limiting enzyme activities and basic excretion pathways.

### 3.3. Recommendations or previous knowledge required

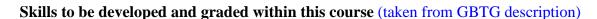
This course is partially supported on knowledge acquired in previous courses. Particularly, those included in Chemistry (chemical equilibria, pKa, logP) Biochemistry (enzyme kinetics, coupled reactions), Physiology (liver and kidney function), and Cell Biology (epithelia structure, gradients across membranes, bioenergetics) areas. A <u>strong background</u> in those subjects is highly recommended.

Basic computer skills (Office suite and Internet browsing) are required.

This course is not a language course. At least B1 level of English language is required for this course, although B2 level is strongly recommended. In all written tests (reports, exams and quizzes) minimal grammatical and vocabulary competence will be required (B1 level).



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- ➤ 4.1 Basic and generic skills
  - CB2. Proper use of the scientific knowledge to acquire and improve professionalism
  - CB3. To develop critical thinking about key topics in science
  - CG3. To improve proper use of scientific terms in academic activities including scientific analysis and synthesis.
  - CG9. To understand management of scientific information using scientific databases, scientific papers and patents. CG22. To develop autonomous learning.
- 4.2 Module skills
  - CE11. To understand the essentials in combinatorial chemistry.
  - CE73. To solve problems about metabolic pathways and their control mechanisms.



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### **BASIC TEACHING**

- 1. Toxicity: phases of intoxication and its evaluation. Toxicology: analytical tools. Therapeutics and drug toxicity.
- 2. Pharmacokinetics: drug distribution within the body, bioavailability. Transportation models.
- 3. Pharmacodynamics: mechanisms of action, drug-target interaction, enzymes and other biomolecules..
- 4. Drug Discovery. Farmacognosy. Origin of pharmacologically-active molecules. Critical factors on drug posology.

#### PRACTICAL TEACHING

Students will carry out practical activities designed to determine magnitude and effectiveness of pharmacological substances, side-effects and toxicity.

Practical teaching sessions will include:

- Session 1: *In vitro* toxicity tests.
- Session 2: Pharmacokinetics. Clearance: simple vs. complex models.
- Session 3. Metabolic detoxification: analysis of secondary metabolites.

#### **SEMINARS**

Seminars integrate both basic and practical teaching. Sessions will include activities related to teaching sessions.

Seminars sessions will include:

- Clinical trial design and previous calculations
- Problem-solving sessions
- Case-based sessions
- Data analysis and model prediction



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This course accounts for 6 ECTS credits (i.e. 150 hours) distributed as follows:

Activities	In-class (session hours)	Off-class (homework hours)	Evaluation (homework hours)	TOTAL
Basic	28			
Practical	7	90	15	
Seminars	10			
TOTAL	45	90	15	150

## a) Basic teaching

Attendance to basic teaching sessions is voluntary. These include a get-together of the main aspects of each part of the contents, paying attention to the most complex concepts. Session dynamics include frequent student interaction and problem-solving proposals. Some of these problems and others not treated in basic teaching sessions may be proposed as homework.

### b) Practical teaching

Attendance to practical teaching sessions is compulsory. These include experimental work in the lab sessions, and related non-experimental tasks as homework.

#### c) Seminars

Attendance to seminars sessions is voluntary although strongly recommended. These include planning, development and execution of a short project to perform a controlled clinical trial. Activities are carried out by students groups formed early in the spring semester.

## d) Timing

Adequate time management is essential. Thus, this subject is scheduled as described hereafter:



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- d1) Basic teaching sessions will take 28 hours (one hour per session, Wed. & Thu. at 1 pm, classroom to be determined):
- ➤ 1 kick-off session, for presentation and introduction to course rules
- ➤ 27 sessions to go through four monthly topics along the academic spring semester

Week	Wednesday	Thursday	<u>Topic</u>
1	24/01/2018	25/01/2018	Kick-off & Topic#1
2	31/01/2018	01/02/2018	Topic # 1
3	07/02/2018	08/02/2018	Topic # 1
4	14/02/2018	15/02/2018	Topic # 1
5	21/02/2018	22/02/2018	Topic # 1
6		01/03/2018	Topic # 2
7	07/03/2018	08/03/2018	Topic # 2
8	14/03/2018	15/03/2018	Topic # 2
9	21/03/2018	22/03/2018	Topic # 2
10	04/04/2018	05/04/2018	Topic # 3
11	11/04/2018	12/04/2018	Topic # 3
12	25/04/2018	26/04/2018	Topic # 3
13	02/05/2018	03/05/2018	Topic # 4
14	09/05/2018	10/05/2018	Topic # 4

d2) Practical teaching sessions will take 7 hours. There will be 3 lab sessions (2-3 hours each). Lab sessions will take place on indicated Thursdays at 8 am (laboratory 23.B.04).

Week	Lab sessions
7	08/03/2018
11	12/04/2018
13	03/05/2018

d3) Seminars sessions will take 7 hours. There will be 3 sessions (2-3 hours each). Seminars sessions will take place on indicated Thursdays at 9 am (classroom to be determined).

Week Sessions	
4	15/02/2018
9	22/03/2018
14	10/05/2018



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#### e) Off-class activities and office hours

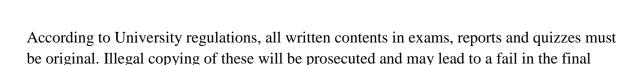
All off-class activities are evaluated. These must be uploaded using the <u>Virtual Campus tool</u>. All announcements, marks, schedules or homework deadlines will also be run through this web-based learning tool.

Office hours are intended for additional student assistance; this can be either at the office or on-line. However, in any case previous appointment is *always required*.

- f) Tips for successful course completion.
  - <u>Before</u> each in-class session, please revise the key topic aspects and resources that are available online, search documentation list.
  - <u>During</u> the in-class sessions, all doubts should be clarified addressing your questions. Try to obtain the most from the professor's time dedicated to in-class sessions.
  - <u>After</u> the in-class sessions, perform your topic reports and revise them through a brief study.
  - Keep timing as strict as possible.
  - Professors can be consulted during the whole semester either by e-mail, by phone or in-person (office hours)
  - Try to understand the biological processes that are covered in all the topics, avoiding memorization of unclear or confusing ideas.



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The total score of this subject is distributed as follows:

a) Basic teaching (50% of overall course score)
Attendance to the EB sessions is voluntary. This teaching component will be evaluated by written quizzes and two written topic reports.

The basic teaching is evaluated according to a written exam (50% of overall course score). The questions will contain questions falling within one of these categories:

- Problem solving
- Short answer

mark.

- Calculated answer
- Pair matching
- Fill-in blanks
- Multiple choice

The exam evaluates skills CB3, CG3, and CE11

## b) Practices & Seminar sessions

Attendance to the practical sessions is compulsory, unless absence is properly justified (written evidence may be required). Evaluation of these in-class sessions will be based on this **homework**:

- ➤ Practical sessions <u>quizzes</u> (15% of overall course score)
  The <u>quizzes</u> will contain questions falling within one of these categories:
  - > Short answer
  - ➤ Long answer
  - Calculated answer
  - Concept matching
  - Combinations
  - Fill-in blanks
  - > Scrambled answers
  - ➤ Multiple choice
  - > True/False
  - > Problem-solving



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The quizzes evaluate skills CB3, CG3 and CE73

➤ Seminar sessions (35% of overall course score)

The seminar sessions evaluate skills CG9 and CG22

In all written tests (reports, exams or quizzes) minimal grammatical and vocabulary competence will be required (B1 level).

According to University regulations, those students failing the final mark will have <u>a resit exam</u> in July with full score opportunities. The resit exam accounts up to 100% of the final score. The exam will contain questions falling into one of these categories:

- > Short answer
- > Problem-solving
- > Calculated answer
- > Concept matching
- **Combinations**
- > Fill-in blanks
- > Scrambled answers
- ➤ Multiple choice
- > True/False



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Title	Authors	Editorial	Year
Casarett and Doull's toxicology : the basic science of poisons	Curtis D. Klaassen	McGraw- Hill	2008
Pharmacology: principles and practice.	Miles Hacker, William Messer, Kenneth Bachmann	Elsevier- Academic Press	2009

# Additional Reading

Basic pharmacology: understanding drug actions and reactions	Maria A. Hernández, Appu. Rathinavelu	CRC, Taylor & Francis	2006
Applied pharmacokinetics & pharmacodynamics: principles of therapeutic drug monitoring	Michael E. Burton [et al.]	Lippincott Williams & Wilkins	2006